

VCU Department of Gerontology
P. O. Box 980228
Richmond, VA 23298

Nonprofit Organization
U.S. POSTAGE PAID
Permit No. 869
RICHMOND, VIRGINIA

**Programs for Caregivers Working in Virginia's
Licensed Assisted Living Facilities
and Adult Day Care Centers
Open Immediately!
Registration Materials Enclosed**

FALL 2009



VCU
DEPARTMENT OF GERONTOLOGY



Individualized Service Plan: Meeting Resident/Participant Needs

A Program for Caregivers working in Virginia's Licensed Assisted Living and Adult Day Care Centers

Who should attend?

This program is designed for Direct Care Staff, Nurses, Social Workers, Activities Directors, Administrators and other caregivers working in Assisted Living and Adult Day Care settings.

Objectives

At the end of this training, participants will be able to:

- Identify the Virginia licensing standards related to individualized service plans.
- Discuss the purpose of the uniform assessment instrument.
- Discuss the importance of the individualized service plan.
- Discuss the importance of interdisciplinary assessment of residents.
- Interpret assessments to determine resident needs.
- Develop and use goal-oriented individualized service plans.

About the Trainers

Trainers for this seminar are Registered Nurses, educators and consultants who specialize in the care of older adults.

Please note: Registrations MUST BE received at the Department of Gerontology 10 business days prior to the training date. Certificates will not be awarded to late registrants.

If payment is not received 10 business days prior to the training date, your name will be taken off of the roster.

8:30 AM Sign in
9 AM—4 PM Workshop
*** EXCEPT HAMPTON**

- Certificates of attendance will not be provided for late arrivals or early departures.

ABINGDON: Tuesday, September 1, 2009

Abingdon VISSTA Area Training Center
450 Commerce Drive Suite 6
Abingdon, Virginia 24211

CHANTILLY: Tuesday, September 22, 2009

Courtyard Dulles Airport Chantilly
3935 Centerview Drive
Chantilly, Virginia 20151

***HAMPTON: Thursday, September 24, 2009**

9:00 AM Sign in
9:30-4:30 Workshop
Hampton Public Library (Main Branch)
4207 Victoria Boulevard
Hampton, Virginia 23669

PETERSBURG: Tuesday, September 8, 2009

Southside Virginia Training Center
26317 W. Washington Street
Building #1 Conference Room B
Petersburg, Virginia 23803

RICHMOND: Wednesday, September 9, 2009

Community College Workforce Alliance
North Run Corporate Center: Room# 125
1630 East Parham Road
Richmond, VA 23228

SALEM: Wednesday, September 30, 2009

Salem Civic Center
1001 Boulevard
Salem, VA 24153

VA BEACH: Monday, September 28, 2009

Virginia Beach Central Library
The Folio Room
4100 Virginia Beach Boulevard
Virginia Beach, Virginia 23452

WINCHESTER: Tuesday, September 29, 2009

Quality Inn
1017 Millwood Pike
Winchester, Virginia 22602

Directions are available on-line at:
<http://www.sahp.vcu.edu/gerontology/html/dss/home.html> or call (804) 828-9060



Individualized Service Plan: Meeting Resident/Participant

CONTINUING EDUCATION CREDITS

Each site will have the appropriate forms available for continuing education credit. Mail the completed form and processing fee to the VCU Department of Gerontology, P.O. Box 980228, Richmond, VA 23298-0228. The deadline for requesting CEUs is two weeks after the last training date.

CONTINUING EDUCATION UNITS: This course meets the criteria of Virginia Commonwealth University and the Southern Association of Colleges and Schools. 0.6 Continuing Education Units (CEUs) will be awarded by letter and recorded by Virginia Commonwealth University. There is a \$10.00 processing fee.

VCU Department of Gerontology is an approved provider of Continuing Education Units (CEU's) for the National Association of Board of Examiners of Long Term Care Administrators (NAB). .6 CEUs for Administrators have been applied for from the National Continuing Education Review Service (NCERS) of the NAB. There is a \$30.00 processing fee.

NURSING CONTACT HOURS: The VCU Department of Gerontology is approved as a provider of continuing education in nursing by the Virginia Nurses' Association, which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation. Five (6) contact hours will be awarded. There is a \$10.00 processing fee.

Virginia Commonwealth University is committed to a policy of equal opportunity in education without regard to race, creed, gender, national origin, age, or handicap.

Send payment and registration form to:

VCU Department of Gerontology:

Individualized Service Plan

P. O. Box 980228
Richmond, VA 23298
Phone: (804)828-9060
Fax: (804)828-5259

Please note: Registrations must be received at the Department of Gerontology 10 business days prior to the training date. Certificates will not be awarded to late registrants.

Individualized Service Plan

Sign up for:	Number	Price
<input type="checkbox"/> September 1 Abingdon	____X	\$10.00
<input type="checkbox"/> September 22 Chantilly	____X	\$10.00
<input type="checkbox"/> September 24 Hampton *	____X	\$10.00
<input type="checkbox"/> September 8 Petersburg	____X	\$10.00
<input type="checkbox"/> September 9 Richmond	____X	\$10.00
<input type="checkbox"/> September 30 Salem	____X	\$10.00
<input type="checkbox"/> September 28 VA Beach	____X	\$10.00
<input type="checkbox"/> September 29 Winchester	____X	\$10.00

* 9:00 AM Sign in: 9:30 AM- 4PM Workshop Total: _____

Name (attach list if necessary)

Are you employed by a licensed ALF or ADCC
___Yes ___No

Facility Name & Address

E-mail Address

Work Phone

Home Phone

Payment Instructions

- Make Check or Money Order payable to: VIRGINIA COMMONWEALTH UNIVERSITY
- Do not include payment for CEUs.
- **Refunds will NOT be provided unless the session is cancelled by the VCU Department of Gerontology.**

Please note: Registrations must be received 10 business days prior to the training date. Certificates will not be awarded to late registrants.

If payment is not received 10 business days prior to the training date, your name will be taken off of the roster.



Activities for the Cognitively Impaired: Part I

A Program for Caregivers working in Virginia's Licensed Assisted Living and Adult Day Care Centers

Who should attend?

This program is designed for Direct Care Staff, Nurses, Social Workers, Activities Directors, Administrators and other caregivers working in Assisted Living and Adult Day Care settings.

Objectives

At the end of this training, participants will be able to:

- Understand DSS licensing requirements for activities.
- Understand the importance of activity Assessments.
- Develop activity schedules for persons with cognitive impairments.
- Implement and manage goal-oriented activities for persons with cognitive impairments.
- Evaluate effectiveness of activities.

About the Trainers

Trainers for this seminar are Registered Nurses, educators and consultants who specialize in the care of older adults.

Please note: Registrations MUST BE received at the Department of Gerontology 10 business days prior to the training date. Certificates will not be awarded to late registrants.

If payment is not received 10 business days prior to the training date, your name will be taken off of the roster.

8:30 AM Sign in
9 AM—4 PM Workshop
* **EXCEPT HAMPTON**

- Certificates of attendance will not be provided for late arrivals or early departures.

ABINGDON: Tuesday, October 13, 2009

Abingdon VISSTA Area Training Center
450 Commerce Drive Suite 6
Abingdon, Virginia 24211

CHANTILLY: Tuesday, October 13, 2009

Courtyard Dulles Airport Chantilly
3935 Centerview Drive
Chantilly, Virginia 20151

***HAMPTON: Thursday, October 22, 2009**

9:00 AM Sign in

9:30-4:30 Workshop

Hampton Public Library (Main Branch)
4207 Victoria Boulevard
Hampton, Virginia 23669

PETERSBURG: Tuesday, October 6, 2009

Southside Virginia Training Center
26317 W. Washington Street
Building #1 Conference Room B
Petersburg, Virginia 23803

RICHMOND: Thursday, October 29, 2009

Community College Workforce Alliance
North Run Corporate Center: Room# 125
1630 East Parham Road
Richmond, VA 23228

SALEM: Wednesday, October 28, 2009

Salem Civic Center
1001 Boulevard
Salem, VA 24153

VA BEACH: Monday, October 19, 2009

Holiday Inn-Executive Center
5655 Greenwich Rd
Virginia Beach, Virginia 23462

WINCHESTER: Tuesday, October 27, 2009

Quality Inn
1017 Millwood Pike
Winchester, Virginia 22602

Directions are available on-line at:
<http://www.sahp.vcu.edu/gerontology/html/dss/home.html> or call (804) 828-9060



Activities for the Cognitively Impaired: Part I

CONTINUING EDUCATION CREDITS

Each site will have the appropriate forms available for continuing education credit. Mail the completed form and processing fee to the VCU Department of Gerontology, P.O. Box 980228, Richmond, VA 23298-0228. The deadline for requesting CEUs is two weeks after the last training date.

CONTINUING EDUCATION UNITS: This course meets the criteria of Virginia Commonwealth University and the Southern Association of Colleges and Schools. 0.6 Continuing Education Units (CEUs) will be awarded by letter and recorded by Virginia Commonwealth University. There is a \$10.00 processing fee.

VCU Department of Gerontology is an approved provider of Continuing Education Units (CEU's) for the National Association of Board of Examiners of Long Term Care Administrators (NAB). .6 CEUs for Administrators have been applied for from the National Continuing Education Review Service (NCERS) of the NAB. There is a \$30.00 processing fee.

NURSING CONTACT HOURS: The VCU Department of Gerontology is approved as a provider of continuing education in nursing by the Virginia Nurses' Association, which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation. Five (6) contact hours will be awarded. There is a \$10.00 processing fee.

Virginia Commonwealth University is committed to a policy of equal opportunity in education without regard to race, creed, gender, national origin, age, or handicap.

Send payment and registration form to:

VCU Department of Gerontology:

Activities for the Cognitively Impaired: Part I

P. O. Box 980228
Richmond, VA 23298
Phone: (804)828-9060
Fax: (804)828-5259

Please note: Registrations must be received at the Department of Gerontology 10 business days prior to the training date. Certificates will not be awarded to late registrants.

Activities for the Cognitively Impaired: Part I

Sign up for:	Number	Price
<input type="checkbox"/> October 13 Abingdon	____X	\$10.00
<input type="checkbox"/> October 13 Chantilly	____X	\$10.00
<input type="checkbox"/> October 22 Hampton *	____X	\$10.00
<input type="checkbox"/> October 6 Petersburg	____X	\$10.00
<input type="checkbox"/> October 29 Richmond	____X	\$10.00
<input type="checkbox"/> October 28 Salem	____X	\$10.00
<input type="checkbox"/> October 19 VA Beach	____X	\$10.00
<input type="checkbox"/> October 27 Winchester	____X	\$10.00

* 9:00 AM Sign in: 9:30 AM- 4PM Workshop Total: _____

Name (attach list if necessary)

Are you employed by a licensed ALF or ADCC
___Yes ___No

Facility Name & Address

E-mail Address

Work Phone

Home Phone

Payment Instructions

- Make Check or Money Order payable to: VIRGINIA COMMONWEALTH UNIVERSITY
- Do not include payment for CEUs.
- **Refunds will NOT be provided unless the session is cancelled by the VCU Department of Gerontology.**

Please note: Registrations must be received 10 business days prior to the training date. Certificates will not be awarded to late registrants.

If payment is not received 10 business days prior to the training date, your name will be taken off of the roster.



Medication Safety

A Program for Caregivers working in Virginia's Licensed Assisted Living and Adult Day Care Centers

Who should attend?

This program is designed for Direct Care Staff, Nurses, Social Workers, Activities Directors, Administrators and other caregivers working in Assisted Living and Adult Day Care settings.

8:30 AM Sign in
9 AM—4 PM Workshop
* **EXCEPT HAMPTON**

- Certificates of attendance will not be provided for late arrivals or early departures.

Objectives

At the end of this training, participants will be able to:

- Describe medication-related problems that may be experienced by older adults, including drug interactions, adverse drug event, overuse, underuse, inappropriate prescribing and non-adherence.
- Describe symptoms that may indicate that an older adult is experiencing a medication-related problem.
- Explain why older adults are at increased risk for experiencing medication-related problems.
- Discuss appropriate use of high-risk medications (including insulin, warfarin, antipsychotics, and digoxin) to decrease the risk of adverse drug events.
- Identify strategies to prevent medication-related problems in older adults.
- Define the role of healthcare providers as partners in resolving medication-related problems and improving medication safety.

About the Trainers

Trainers for this seminar are Registered Nurses, educators and consultants who specialize in the care of older adults.

Please note: Registrations MUST BE received at the Department of Gerontology 10 business days prior to the training date. Certificates will not be awarded to late registrants.

If payment is not received 10 business days prior to the training date, your name will be taken off of the roster.

ABINGDON: Tuesday, November 3, 2009

Abingdon VISSTA Area Training Center
450 Commerce Drive Suite 6
Abingdon, Virginia 24211

CHANTILLY: Tuesday, November 17, 2009

Courtyard Dulles Airport Chantilly
3935 Centerview Drive
Chantilly, Virginia 20151

***HAMPTON: Thursday, November 12, 2009**

9:00 AM Sign in
9:30-4:30 Workshop
Hampton Public Library (Main Branch)
4207 Victoria Boulevard
Hampton, Virginia 23669

PETERSBURG: Tuesday, November 24, 2009

Southside Virginia Training Center
26317 W. Washington Street
Building #1 Conference Room B
Petersburg, Virginia 23803

RICHMOND: Wednesday, November 18, 2009

Community College Workforce Alliance
North Run Corporate Center: Room# 125
1630 East Parham Road
Richmond, VA 23228

SALEM: Wednesday, November 4, 2009

Salem Civic Center
1001 Boulevard
Salem, VA 24153

VA BEACH: Monday, November 23, 2009

Virginia Beach Central Library
The Folio Room
4100 Virginia Beach Boulevard
Virginia Beach, Virginia 23452

WINCHESTER: Tuesday, November 10, 2009

Quality Inn
1017 Millwood Pike
Winchester, Virginia 22602

- Apply the strategies for preventing medication-related
- Directions are available on-line at:
<http://www.sahp.vcu.edu/gerontology/html/dss/home.html> or call (804) 828-9060



Medication Safety

CONTINUING EDUCATION CREDITS

Each site will have the appropriate forms available for continuing education credit. Mail the completed form and processing fee to the VCU Department of Gerontology, P.O. Box 980228, Richmond, VA 23298-0228. The deadline for requesting CEUs is two weeks after the last training date.

CONTINUING EDUCATION UNITS: This course meets the criteria of Virginia Commonwealth University and the Southern Association of Colleges and Schools. 0.6 Continuing Education Units (CEUs) will be awarded by letter and recorded by Virginia Commonwealth University. There is a \$10.00 processing fee.

VCU Department of Gerontology is an approved provider of Continuing Education Units (CEU's) for the National Association of Board of Examiners of Long Term Care Administrators (NAB). .6 CEUs for Administrators have been applied for from the National Continuing Education Review Service (NCERS) of the NAB. There is a \$30.00 processing fee.

NURSING CONTACT HOURS: The VCU Department of Gerontology is approved as a provider of continuing education in nursing by the Virginia Nurses' Association, which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation. Five (6) contact hours will be awarded. There is a \$10.00 processing fee.

Virginia Commonwealth University is committed to a policy of equal opportunity in education without regard to race, creed, gender, national origin, age, or handicap.

Send payment and registration form to:

VCU Department of Gerontology:

Medication Safety

P. O. Box 980228
Richmond, VA 23298
Phone: (804)828-9060
Fax: (804)828-5259

Please note: Registrations must be received at the Department of Gerontology 10 business days prior to the training date. Certificates will not be awarded to late registrants.

Medication Safety

Sign up for:	Number	Price
<input type="checkbox"/> November 3 Abingdon	____X	\$10.00
<input type="checkbox"/> November 17 Chantilly	____X	\$10.00
<input type="checkbox"/> November 12 Hampton *	____X	\$10.00
<input type="checkbox"/> November 24 Petersburg	____X	\$10.00
<input type="checkbox"/> November 18 Richmond	____X	\$10.00
<input type="checkbox"/> November 4 Salem	____X	\$10.00
<input type="checkbox"/> November 23 VA Beach	____X	\$10.00
<input type="checkbox"/> November 10 Winchester	____X	\$10.00

* 9:00 AM Sign in: 9:30 AM– 4PM Workshop Total: _____

Name (attach list if necessary)

Are you employed by a licensed ALF or ADCC
 Yes No

Facility Name & Address

E-mail Address

Work Phone

Home Phone

Payment Instructions

- Make Check or Money Order payable to: VIRGINIA COMMONWEALTH UNIVERSITY
- Do not include payment for CEUs.
- **Refunds will NOT be provided unless the session is cancelled by the VCU Department of Gerontology.**

Please note: Registrations must be received 10 business days prior to the training date. Certificates will not be awarded to late registrants.

If payment is not received 10 business days prior to the training date, your name will be taken off of the roster.