Aging – we’re all in it together

Welcome to our 2016 Legislative Breakfast
Virginia Center on Aging

School of Allied Health Professions
Virginia Commonwealth University
Mandates

Since 1978:

- **Interdisciplinary studies** (including professional training and education of older adults)
- **Research**
- **Information and resource sharing**
Mandates

Since 1982:

- Alzheimer’s and Related Diseases Research Award Fund (ARDRAF)

Since 2006:

- Geriatric Training and Education (GTE)
Interdisciplinary Studies

- Virginia Geriatric Education Center
- Road Scholar and Lifelong Learning Institute (LLI)
- Geriatric Training and Education (GTE)
- Elder abuse and domestic violence in later life
Virginia Geriatric Education Center

- Consortium of UVA, VCU, EVMS
- Federal funding: 2010-2015
- Faculty development, curriculum development, in-service professional training, interprofessional pre-clinical training of students
- New (2015-2018) award for Geriatric Workforce Enhancement Program
Road Scholar and Lifelong Learning Programs: 2015

- **25 Road Scholar programs, with 700 older learners**
- **Our sites:**
  - Richmond
  - Natural Bridge
  - Staunton
  - Harrisonburg
  - Big Meadows
- **$625,000 into Virginia’s economy from older learners** (from tuition revenues and discretionary spending)
- **Outlays:** $291,000 for lodging/meals, $24,000 local staffing, $35,000 for tickets/admissions, $23,000 for transport, etc
Road Scholar and Lifelong Learning Programs: 2015

- Lifelong Learning Institute (LLI), Midlothian
  - Co-sponsored with Chesterfield County

- 2,010 LLI enrollments in calendar 2015
- 513 courses across 3 terms
- 14,785 registrations, across 27 zip codes
- 946 mid-life and older learners
- 181 instructors

- 1,646 mid-life and older learners overall in the Road Scholar and LLI programs in 2015
Road Scholar and Lifelong Learning Programs
13 projects in calendar 2015, including:

- Riverside Center for Excellence in Aging and Lifelong Health: Mental Health and Aging Training (Part IV)
- Weinstein JCC: Promoting Art for Life Enrichment through Transgenerational Engagement (PALETTE)
- Capital Caring (Fredericksburg) End of Life Care: Building on the Success of the Virginia POST Program
- Virginia Coalition for the Prevention of Elder Abuse: Conference Scholarships for Professionals
- Virginia Tech: Evidence Based Training: Inter-generational Strategies to Improve Geriatric Care
- Alzheimer’s Association Central & Western Chapter: Person-Center Dementia Care Conferences (3)
Elder Abuse and Domestic Violence in Later Life

- USDOJ four-year project with DARS (2012-2016) for local and statewide training and collaboration, focus on Bristol City and Washington County

- Central Virginia Task Force on Domestic Violence in Later Life:
  V-STOP project with law enforcement, criminal justice, domestic violence, and other community agencies; and statewide focus with Domestic Violence Victim Fund
Elder Abuse and Domestic Violence in Later Life: DCJS V-STOP and Victim Fund Projects; USDOJ OVW Project
Research

- Alzheimer’s and Related Diseases Research Award Fund (ARDRAF)
  - Seed grants to enable Virginia researchers to obtain data needed to compete nationally for substantial awards from federal and foundation sources
  - Repeated follow ups of ARDRAF awardees to determine impact of ARDRAF pilot study
Alzheimer’s Research (ARDRAF) since 1982

- 159 competitive seed grant awards
- 22 recipient organizations
- Average award @ $22,600
- $3.6 Million competitively awarded
- $36.7 Million in subsequent funding earned by awardees attributable
- A $10.00 return for every $1.00 GF
ARDRAF Awards: 1982-2015

- Alzheimer’s Association Chapters:
  - Central & Western Virginia; Southeastern Virginia
- College of William & Mary
- Consumer Consortium on Assisted Living
- Eastern Virginia Medical School
- Family Respite Center, Falls Church
- Ferrum College
- George Mason University
- Goodwin House, Alexandria
- James Madison University
- Liberty University
ARDRAF Awards: 1982-2015

- Marymount University
- Mountain Empire Older Citizens, Inc.
- Old Dominion University
- Radford University
- Shenandoah University
- University of Virginia
- Virginia Commonwealth University
- Virginia Dept. of Emergency Services
- Virginia Tech
- Warren Memorial Hospital
- Western State Hospital
ARDRAF: 7 Awards in 2015
(EVMS, GMU, ODU, UVA, Va.Tech (2), and VCU)

- EVMS: model of how genes in mitochondria lead to AD
- GMU: personalized music on mood and agitation
- ODU: policies on work-life balance of AD caregivers
- UVA: electron microscopy in transgenic mice to identify and localize AD neuropathy
- Va Tech: S1P molecule protecting neurons from damage or dying
- Va Tech: role of amylin (peptide in T2D) in AD
- VCU: do benzodiazepines damage BBB allowing amyloid beta to cross
ARDRAF: 7 Awards in 2015
(EVMS, GMU, ODU, UVA, Va.Tech (2), and VCU)
Information and Resource Sharing

- *Age in Action* quarterly (20,000+ circulation)
- Area Planning and Services Committee (APSC) on aging with lifelong disabilities
Partnerships with Businesses and Organizations: 2015

In meeting our mandates, we did business or partnered in aging-related projects with:

- 321 local or regional, and
- 52 statewide: agencies, businesses, organizations, departments, coalitions or non-profits across Virginia, and
- 39 units of VCU and VCU Health
Return on GF Investment: Calendar 2015

- FY 15 ($873,353) + FY 16 ($870,752) / 2
- Grants Obtained, Current Year Expenditures
- Road Scholar Revenue (Tuition) and Learners’ Discretionary Spending in Virginia
- ARDRAF New Awards x Historical ROI
Return on Appropriation for Virginia: Calendar 2015

Appropriation: $872,052

Return: $5,291,000

Appropriation: $1.00

Return: $6.07
Thank you. Please stay, enjoy breakfast, and learn more about the Virginia Center on Aging.